**Joint Committee on Specialist Training**

**Sub-specialty Training Committee (Intensive Care Medicine)**

**PROPOSED INTENSIVE CARE MEDICINE ADVANCED SPECIALIST TRAINING (AST) POSTINGS**

**Submitted to ICM SSTC for approval**

(Updated 12 December 2022)

Intensive Care Medicine (ICM) Advanced Specialist Trainees should use this form to submit their proposals for postings to the ICM SSTC for approval. Please type entry into the yellow boxes. Refer to Annex A for explanations. Submission in a PDF format over email is preferred, although paper format is also acceptable.

**1. Personal Information of AST**

|  |  |
| --- | --- |
| 1.1 Name of ICM Advanced Trainee: |  |

|  |  |
| --- | --- |
| 1.2 Date of this proposal: | DD/MM/YYYY |

|  |  |
| --- | --- |
| 1.3 Is this your very first proposal to ICM SSTC? (if yes, skip 1.4) | Yes / No |

|  |  |
| --- | --- |
| 1.4 If this is a revised proposal, it is to replace the previous one dated: | DD/MM/YYYY |

|  |  |
| --- | --- |
| 1.5 Base specialty: | *Anaesthesiology / Resp Med / Internal Med / Cardiology* |

|  |  |
| --- | --- |
| 1.6 Exit date for base specialty : | DD/MM/YYYY |

|  |  |
| --- | --- |
| 1.7 Date accepted as Provisional AST for ICM: | DD/MM/YYYY |

|  |  |
| --- | --- |
| 1.8 Home institution / Department of Trainee: |  |

|  |  |
| --- | --- |
| 1.9 Name of Home Institution Supervisor: |  |

**2. Proposed pre-requisite ICM Relevant Postings**

2.1 This section is not applicable to ASTs from Anaesthesiology and Respiratory Medicine.

2.2 ASTs from all other base specialties need to complete this section:

|  |  |  |
| --- | --- | --- |
| **Exact Period** | **Unit + Department** | **Hospital** |
|  |  |  |
|  |  |  |
|  |  |  |
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|  |  |  |
|  |  |  |

**3. Proposed Core ICU Postings to be done in Singapore**

Note: Skip this section if ***all*** of your Core ICU postings are to be done overseas.

|  |  |  |
| --- | --- | --- |
| **Exact Period** | **Unit + Department** | **Hospital + Supervisor\*** |
|  |  |  |
|  |  |  |
|  |  |  |
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\* If the posting is to be done outside the trainee’s home institution, please indicate the supervisor in the respective training institutions.

ASTs who do not intend to do overseas ICU postings can ignore the subsequent sections.

**3. Proposed Core ICU Postings to be done overseas**

|  |  |  |  |
| --- | --- | --- | --- |
| **Exact Period** | **Unit + Department** | **Type of ICU**\*\* | **Hospital + Country** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
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\*\*Note: Please indicate the type of ICU where possible (eg. surgical, medical, multidisciplinary, medical+surgical, cardiothoracic, neurosurgical, etc.)

**4. Overseas Training Supervisor**

Please fill this section if the AST is doing Core ICU Postings Overseas. Please duplicate similar boxes if there are more than one supervisor.

|  |  |
| --- | --- |
| 4.1 Name of Supervisor: |  |

|  |
| --- |
| 4.2 Position, title, designation, email, phone no., institution of Supervisor: |
|  |

**5. Description of Overseas Training Institution(s)**

Please duplicate similar boxes if there is more than one training institution.

|  |
| --- |
| 5.1 Name of training unit / department / hospital: |
|  |

|  |
| --- |
| 5.2 Address of Training Unit: |
|  |

|  |
| --- |
| 5.3 Credentials of Unit as ICM training centre (see point 4.4 in Annex A) |
|  |

|  |  |
| --- | --- |
| 5.4 “Training Worthiness” of proposed Intensive Care Unit:  *Note: This section can be omitted if the proposed unit fulfills any one of the following:*  *a. C24 centre in Australia, New Zealand or Hong Kong*  *b. ACGME accredited centre in the USA* | |
| 5.4.1 No. of patients admitted per year: |  |
| 5.4.2 No. / percentage of patients on mechanical ventilation per year: |  |
| 5.4.3 Other supporting information: | |
|  | |

**ANNEX A**

Instructions to Advanced Trainees in Intensive Care Medicine (ICM) for filling the form:

**PROPOSED INTENSIVE CARE MEDICINE ADVANCED SPECIALIST TRAINING (AST) POSTINGS**

**1. GENERAL INSTRUCTIONS**

1.1 **Reference**  Refer to the ***JCST AST Programme for Intensive Care Medicine (December 2022*),** and specifically **point D**. All ICM Advanced Specialist Trainees (AST) require at least 12 months of Core ICU Postings in approved intensive care units (ICU). Requirements for the Pre-requisite ICM Relevant Postings are different for ICM ASTs from the various base specialties.

1.2 **Types of Postings** All ICM ASTs must submit proposals for their respective Pre-requisite ICM Relevant Postings and Core ICU Postings to ICM SSTC (through JCST) for approval before their postings. ICM ASTs from Anaesthesiology and Respiratory medicine are exempted from submitting proposals for their Pre-requisite ICM Relevant Postings.

1.3 **Time Requirements** The proposals mentioned in 1.2 must be submitted to JCST, at least 3 months prior to their intended commencement of the postings. Submission can be made with paper form or electronic form over email. Trainees who intend to do their Core ICU postings overseas should submit even earlier, so as to facilitate all required administrative processes.

1.4 **Approval Criteria** Approval would be based on the following considerations:

a. Appropriate training unit that provides acceptable level of training in terms of training faculty, unit capabilities, patient load and patient types.

b. Posting schedule that allows exposure to a wide range of patient types.

c. Appropriate training supervisor.

**2. TRAINING SUPERVISORS**

2.1 **Administrative Supervisor in Home Institution** Provisional Trainees should liaise with their respective home institution to be officially supervised by a JCST appointed ICM Trainer. This Home Institution supervisor will provide administrative oversight for the Trainee’s entire training process. If the Trainee undergoes Core ICU training in his/her home institution, the Home Institution supervisor can also fulfill the role of the Training Supervisor, and will endorse the posting reports in the Trainee’s logbook after the completion of these postings.

2.2 **Training Supervisor outside Home Institution** ASTs who opt for Core ICU Postings outside his/her Home Institution (whether in Singapore or overseas) would need to arrange with the respective training institutions to officially appoint an in-house training supervisor during these posting. These supervisors will be endorsing the posting reports in the Trainee’s Logbook, after the completion of these postings.

**3. CORE ICU POSTINGS DONE IN SINGAPORE**

3.1 **ICM ASTs from Respiratory Medicine (RM)** who intend to do their Core Medical ICU postings during their RM Senior Residency must also submit proposals for such to JCST, at least 3 months prior to their commencement of the postings.

3.2 **Requirement for Cross Training** The SSTC ICM requires that the AST should be adequately exposed to a wide range of patient types during their 12 months’ ICU postings. ASTs who propose to train entirely in Singapore would need to have 6 months’ posting each in “surgical type” and “medical type” of ICUs respectively. For the 6 month period in each type of ICUs, at least 4 months must be in a general ICU. Refer to point D of the ***JCST AST Programme for Intensive Care Medicine (December 2022*).**

**4. CORE ICU POSTINGS DONE ENTIRELY IN OVERSEAS CENTRES**

4.1 **Requirement** The SSTC ICM requires that the AST who opt to be trained overseas should also be adequately exposed to a wide range of patient types during their 12 months’ ICU postings. AST should describe the proposed number of weeks spent in the different types of ICUs.

* 1. **Training in Multidisciplinary ICUs** Multidisciplinary ICUs receive all types of critically ill patients without differentiating whether they are surgical or non-surgical departments, eg. ICUs in Australia and New Zealand. ASTs’ entire 12 months’ Core ICU posting may be done in a multidisciplinary ICU.

4.3 **Training in specialized ICUs** ASTs who train in countries with specialized ICUs (eg. Singapore, USA) would need to have 6 months’ posting each in “surgical type” and “medical type” of ICUs respectively. For the 6 month period in each type of ICUs, at least 4 months must be in a general ICU. Refer to point D of the ***JCST AST Programme for Intensive Care Medicine (December 2022*).**

4.4 **Credentials of Overseas ICU Training Unit/Centre** ICM SSTC will give only approval if the proposed overseas centre has appropriate credentials for ICM training. Note the following when filling in the information on credentials for the proposed overseas units:

a. **Units in Australia / New Zealand / Hong Kong** specify the ICM training status of unit accredited by the College of Intensive Care Medicine (CICM) of Australia and New Zealand.

b. **Units in USA** state if the specific fellowship programme is accredited for training by the ACGME towards the Critical Care Medicine Board Examinations conducted by the various American Boards (eg. Anaesthesiology, Internal Medicine, Pulmonary and Critical Care).

c. **Units in other countries** ICM SSTC may not be familiar with these units, as such, the AST should give ample information describing the “training-worthiness” of the proposed unit, especially for the following areas:

(1) Accreditation of the unit is for ICM training by the relevant national authorities.

(2) Types of patients load, ICU capabilities, number of patient admissions annually, etc.

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