



SINGAPORE NURSING BOARD

FITNESS TO PRACTICE ADVISORY FOR NURSING STUDENTS

As the delivery of direct patient care is a requisite of healthcare professions, all applicants must pass a medical examination and be certified to have the following abilities to perform patient care activities in a safe and effective manner:

- 1) **Mental-Cognitive ability** (including interpersonal-communication ability and behavioural stability) to:
 - (a) provide safe care to populations, including safety to self
 - (b) demonstrate emotional-behavioural stability to function under the stress and pressure when performing nursing care on patients
 - (c) remain calm when being observed by instructors and other health care personnel during clinical practice attachments.
- 2) **Physical ability** to:
 - (a) move around in the clinical environment, walk/stand, bend, reach, lift climb, push and pull, carry objects
 - (b) perform patient transfers and complex sequences of hand-eye coordination.
- 3) **Auditory ability** to hear:
 - (a) faint body sounds
 - (b) auditory alarms
 - (c) normal speaking level sounds (i.e., blood pressure sounds, monitors, call bells and person-to-person report).
- 4) **Visual ability** to:
 - (a) detect changes in physical appearance, colour and contour
 - (b) read accurately medication/drug labels, markings on syringes and manometers, written and electronic communication.

The above required abilities are stipulated in consultation with the Ministry of Education and nursing schools to ensure nursing students are fit to practise when they apply for registration/-enrolment upon graduation from nursing programme.

Interested applicants with known condition(s) or unsure if their condition(s) may affect their ability to deliver safe and effective patient care are highly encouraged to contact National University of Singapore/Nanyang Polytechnic/ Ngee Ann Polytechnic/ Institute of Technical Education for more information.