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30 May 2018

To: All Registered TCM Practitioners

HSA ALLOWS IMPORT AND SALE OF *CORYDALIS YANHUSUO* HERB IN SINGAPORE FROM 1 JUNE 2018

The Health Sciences Authority (HSA) would like to inform all registered Traditional Chinese Medicine (TCM) practitioners that the import and sale of *Corydalis yanhusuo* (延胡索) herb and Chinese Proprietary Medicines (CPM) containing the naturally occurring substance tetrahydropalmatine (THP)¹ will be allowed from 1 June 2018. HSA's press release dated 25 February 2018 is available on the HSA website:

http://www.hsa.gov.sg/content/hsa/en/News_Events/Press_Releases/2018/corydalisyanhusuo.html

2 To ensure the safe use of *Corydalis yanhusuo* herb, TCM practitioners are advised to observe the following precautions when using the herb on their patients:

- a) Avoid use in individuals with liver diseases; and
- b) Use according to the recommended dose in the Chinese Pharmacopeia and not to dispense for more than two weeks duration. If symptoms persist, to advise patients to consult a doctor.

3 TCM practitioners are strongly encouraged to report any adverse events suspected to be related to health products, including *Corydalis yanhusuo* and CPM with THP-containing herbs to the Vigilance and Compliance Branch of HSA at Fax: 6478 9069, Email: HSA_productsafety@hsa.gov.sg or online via the weblink http://www.hsa.gov.sg/ae_online.

4 Should you have any queries on the above topic, please contact Dr Zhang Qian (tel: 6866 3455) or Mr Kenneth Low (tel: 6304 5476), or email: HSA_CHP@hsa.gov.sg

Thank you.

Yours sincerely

TAY SWEE LING (MS)
DEPUTY DIRECTOR – TRADITIONAL MEDICINES UNIT
COMPLEMENTARY HEALTH PRODUCTS BRANCH
HEALTH PRODUCTS REGULATION GROUP
HEALTH SCIENCES AUTHORITY

cc Chairman, Traditional Chinese Medicine Practitioners Board

¹ Tetrahydropalmatine (THP) – 延胡索乙素, also known as 四氢巴马汀

(此为英文版翻译, 如有歧义, 请以英文版本为准。)

2018年5月30日

致全体注册中医师:

自 2018 年 6 月 1 日起, 卫生科学局将允许进口及销售延胡索草药

卫生科学局正式通知所有注册中医师, 自 2018 年 6 月 1 日起, 新加坡将允许进口及销售延胡索草药以及天然含有延胡索乙素的中成药。欲了解更多详情, 请参考刊登于卫生科学局网站上的新闻稿:

http://www.hsa.gov.sg/content/hsa/en/News_Events/Press_Releases/2018/corydalisyanhusuo.html.

2 为了进一步保障公众安全, 注册中医师在使用延胡索时应注意下列事项:

- 肝病患者避免使用; 及
- 服用本品请勿过量或超过二周。如症状持续, 请咨询医生。

3 吁请各位中医师, 如果您发现任何怀疑由医疗保健产品, 包括延胡索及含有延胡索乙素的中成药, 引起的不良反应事件, 请及时报告给卫生科学局的警戒及条例遵循组, 传真: 6478 9069, 电邮: HSA_productsafety@hsa.gov.sg 或上网 http://www.hsa.gov.sg/ae_online 报告。

4 如果您还有其它疑问, 请联络张倩博士 (电话: 68663455), 刘伟亮先生 (电话: 63045476), 或电邮至: HSA_CHP@hsa.gov.sg.

谢谢!

郑瑞玲副处长
传统药物处
辅助医疗保健产品组
医疗保健产品管理司
卫生科学局

抄送: 中医管理委员会主席